



# Latina/o Sex Education Action Kit

## Parent Resources/ Recursos Para Padres

THE FOLLOWING PARENT-TAILORED WEBSITES PROVIDE INFORMATION ABOUT HOW PARENTS CAN BECOME ACTIVE ADVOCATES AND EDUCATORS CONCERNING SEXUALITY WITH THEIR CHILDREN.

### ADVOCATES FOR YOUTH, THERE'S NO PLACE LIKE HOME...FOR SEX EDUCATION

<http://www.advocatesforyouth.org/publications/noplacelikehome/index.htm> (English)

This website contains information about sexuality education that is relevant and age-specific, including useful strategies, communication hints, and suggested resources to support parents in their efforts to talk about sex and sexuality with their children.

### CALIFORNIA FAMILY HEALTH COUNCIL, TALK WITH YOUR KIDS

[www.talkwithyourkids.org/parents.htm](http://www.talkwithyourkids.org/parents.htm) (English)

This website provides parents with tools on how to talk with their teens about sexuality to help keep them safe and healthy.

### FAMILY COMMUNICATION

<http://www.familycommunication.org/espanol/index.asp> (English)

This website encourages parents to communicate with their teens about sex by listening and talking.

### GET REAL ABOUT TEEN PREGNANCY

[www.letsgetreal.org/Guidelines.htm](http://www.letsgetreal.org/Guidelines.htm)

This website provides parents with guidelines for talking with pre-teens about sex and sexuality.

### Sex Talk

[www.sextalk.org/parents/parents-kids.html](http://www.sextalk.org/parents/parents-kids.html)

This website provides parents with specific tips on how to raise sexually healthy kids, by communicating about sex, through actions and words.

## SITIOS DE INTERNET EN ESPAÑOL

### ADVOCATES FOR YOUTH:

#### NO HAY LUGAR COMO EL HOGAR...PARA LA EDUCACIÓN SEXUAL

<http://www.advocatesforyouth.org/publications/nohaylugar/index.htm> (Español)

Este sitio de Internet contiene información sobre la educación sexual, adecuada a la edad en cuestión, modos de dispensarla, consejos de comunicación y sugerencias de recursos para ayudarles a los padres en sus esfuerzos para hablar sobre la sexualidad y sexo con sus hijas/os.

### CALIFORNIA FAMILY HEALTH COUNCIL:

#### HABLE CON SUS HIJAS/OS

<http://www.talkwithyourkids.org/espanol.htm> (Español)

Este sitio de Internet provee a los padres con recursos para hablar con sus hijas/os sobre el sexo para ayudarles a mantenerlos seguros y saludables.

### COMUNICACIÓN FAMILIAR

[HTTP://WWW.FAMILYCOMMUNICATION.ORG/ESPANOL/INDEX.ASP](http://www.familycommunication.org/espanol/index.asp) (ESPAÑOL)

Este sitio de internet da consejos a los padres para comunicar sobre el sexo, escuchando y hablando con sus hijas/os adolescentes.